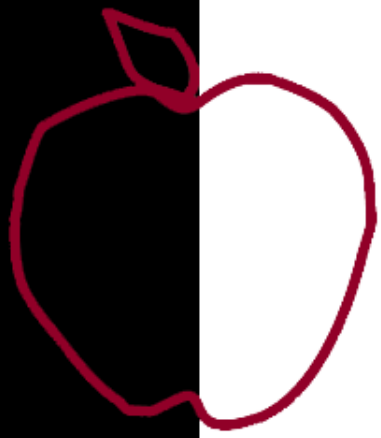

Herb & Drug Interactions

Herbs and drugs will interact differently with every individual. The information listed is generalized for the public. If you take any medications on a daily basis or you are pregnant or breastfeeding, consult your doctor or pharmacist before using herbs.

MORRISON

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German Chamomile

Common Indications

- Internal: inflammation and spasms of the digestive tract.
- Appetite loss, cold/flu symptoms.
- External: mild skin inflammation.
- Promotes wound healing and fights bacteria.

* Various types of Chamomile exist with varying properties.

Side Effects

Individuals with severe ragweed allergies should avoid this herb; allergic reaction (rare).

Drug Interaction

May increase blood thinness when taken with Coumadin (warfarin). Avoid use with alcohol and anti-anxiety benzodiazepines medications (Xanax®, Ativan®, Centrax®, Libritabs®, Libruim®, Halcon®, and Valuim®)

References

O'Hare M, Kiefer D, Farrell, Kemper K. A review of 12 commonly used medicinal herbs. *Arch Fam Med.* Available at: http://www.ama-assn.org/sci-pubs/journals/archive/fami/vol_7/no_6/fsa8005.htm. Accessed February 12, 1999.

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